

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Feb 2019</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td></td><td></td></tr> </table> </div>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Apr 2019</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table> </div>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<p style="text-align: center;">1</p> <p style="text-align: center;">*(\$)<b>Stick Mobility, Fridays @11am</b></p> <p style="text-align: center;">**<b>Hip Hop Dance, Fridays, 4-5:55pm</b></p>	<p style="text-align: center;">2</p> <p style="text-align: center;">*(\$)<b>Stick Mobility Every Saturday @10:15am in rock wall</b></p> <p style="text-align: center;">**(\$)<b>AXIAL Dance, Saturdays, 10:30-3:30</b></p> <p style="text-align: center;">Mini Champs @Freedom Center, GMU</p>
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<p style="text-align: center;">3</p> <p>Mini Champs @Freedom Center, GMU</p>	<p style="text-align: center;">4</p> <p>*(S) <b>AXIAL Dance, Mondays, 4:30-7:25</b></p> <p>** (S) <b>Adult Dance Conditioning, Mondays, @7:30pm (Racquetball Court)</b></p> <p>*** (S) <b>Line Dance, Mondays, @7:30p, NEW SESSION</b></p>	<p style="text-align: center;">5</p> <p>**(\$)<b>G. Yoga, Tuesdays @1:30pm</b></p>	<p style="text-align: center;">6</p> <p>***(\$)<b>Tai Chi, every Wednesday @6:45pm</b></p>	<p style="text-align: center;">7</p> <p>PVS Senior &amp; Junior Championships</p>	<p style="text-align: center;">8</p> <p>PVS Senior &amp; Junior Championships</p>	<p style="text-align: center;">9</p> <p>PVS Senior &amp; Junior Championships</p>																																																																																				
<p style="text-align: center;">10</p> <p>PVS Senior &amp; Junior Championships</p>	<p style="text-align: center;">11</p>	<p style="text-align: center;">12</p> <p><b>Muscle of the Month: Abs @11am</b></p>	<p style="text-align: center;">13</p> <p><b>Group Fitness - FREE Buddy Day</b></p>	<p style="text-align: center;">14</p> <p>**PVS Junior Olympics @ UMD</p> <p>**<b>Weight Room - FREE Buddy Day</b></p>	<p style="text-align: center;">15</p> <p>**PVS Junior Olympics @ UMD</p> <p><b>*FREE Hydro Fit</b></p> <p style="text-align: center;"><b>HAPPY BIRTHDAY, BRSC!!!</b></p>	<p style="text-align: center;">16</p> <p>**PVS Junior Olympics @ UMD</p> <p><b>*FREE Hydro Fit</b></p> <p><b>Kid's Nite Out, 4-8pm</b></p>																																																																																				
<p style="text-align: center;">17</p> <p>**PVS Junior Olympics @UMD</p> <p><b>*Winter Session B Swim Classes and Stroke School starts</b></p>	<p style="text-align: center;">18</p> <p>*NCSA Junior National Championships @Orlando, FL</p>	<p style="text-align: center;">19</p> <p>*NCSA Junior National Championships @Orlando, FL</p>	<p style="text-align: center;">20</p> <p>**<b>Muscle of the Month: Abs @7pm</b></p> <p>*NCSA Junior National Championships @Orlando, FL</p>	<p style="text-align: center;">21</p> <p>*NCSA Junior National Championships @Orlando, FL</p>	<p style="text-align: center;">22</p> <p>*NCSA Junior National Championships @Orlando, FL</p>	<p style="text-align: center;">23</p> <p>**<b>Pickle Ball Party, 6-10pm</b></p> <p>*NCSA Junior National Championships @Orlando, FL</p>																																																																																				
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