



A Plus Adult Programming at BRSC

Tennis

Lessons

Tennis lessons prices are broken down by number of participants, court time, and member/non-member. The court time is divided into prime time (weekdays from 4-10pm, all day on weekends and holidays) and non-prime time (weekdays from 7am-4pm). All prices are at an hourly rate.

	<u>Prime Time</u>		<u>Non Prime Time</u>	
	Member	Non-Member	Member	Non-Member
Private	\$90	\$100	\$80	\$90
Semi-Private	\$50	\$60	\$45	\$55
Collegiate Hitting Session	\$70	\$80	\$60	\$70
3 & a Pro	\$40	\$45	\$35	\$40
4 & a Pro	\$35	\$40	\$30	\$35
5 & a Pro	\$30	\$35	\$25	\$30
6 or more	\$25	\$30	\$20	\$25

Flights

Flights and Scrambles are designed to be competitive, level-based play for club members. For more information on flights contact Julie at aplus@aplustennisva.net or 703-250-1299.

B2 Flight	Tuesday	9:00-10:30am
	Women 3.5 & below / Men 3.0 & below	
B1 Flight	Thursday	9:00-11:00am
	Women 3.5 & above / Men 3.0 & above	

Live Ball

The very popular RJ TENNIS BOOT CAMP will be providing the live ball classes at BRSC. These clinics are for beginners as well as highly ranked USTA players. Each fast-paced RJT class incorporates non-stop, challenging simulated match-like RJT drills. You will hit hundreds of balls. Coaches will keep all participants moving and hitting balls with correct stroke production, good footwork, while focusing on court positioning and shot-making. (For more info check out RJTennisBootCamp.com)

Drop-in is an option on a space available basis only.

You must sign up at RJTENNISBOOTCAMP@gmail.com & receive confirmation email prior to attending class.

The price for a 16 week session is \$640 for a BRSC member and \$720 for a non-member.

Drop-in price is \$40 (member), \$45 (non-member)

Monday	9:00pm-10:30pm			
Tuesday	7:00pm-8:30pm	8:30pm-10:00pm		
Wednesday	8:30pm-10:00pm			
Thursday	11:00am-12:30pm	12:30-2:00pm	7:00-8:30pm	8:30-10:00pm
Friday	7:30-9:00am	9:00-10:30am		
Saturday	7:30-9:00am	9:00-10:30am	10:30am-12:00pm	



Advanced Night Owl

This 1.5 hour hitting session gives plenty of variety as well as bang for its buck. Focused primarily on live ball "play" that offers the opportunity for players to hit with collegiate players, adult men 4.0 & higher and adult women 4.5 and higher. Open to UTR 7.5 and above. Will consist of a combination of speed drills and/or point play, no instruction. Prior sign-up is required. Cost is \$20 per class for a member and \$25 per class for a non-member.

Monday 9:00-10:30pm

Wednesday 8:30-10:00pm

Team Practice

This practice is designed to develop team concepts, work on strategies to create a winning match game plan. Day and time are scheduled with team captains based on pro and court availability.

Pickleball

Monthly Pickleball Adult Potluck Event 6-10pm

Players are divided by level of play making use of 10 pickleball courts in order to promote the game of pickleball in a fun, social environment. Price is \$15. There will be an additional \$10 for the hour of instruction for new players.

February 23rd

March 23rd

April 6th

May 4th

Pickleball Drop-in Play

This is "reservation required" drop-in program. Players must reserve a spot for each session through Julie at aplus@aplustennisva.net or 703-250-1299. Attendance will be limited by number and level to ensure a positive experience for all participants. The price for 2 hours of open play will be \$6 for members and \$8 for non-members.

Sunday

9-11 am

Intermediate

January 13, 27

Sunday

7-9 pm

Intermediate

January 6, 20

Clinics

"Hitting with Helen" are pickleball clinics and play sessions offered by A Plus. The sessions are 2 hours and include an hour of instruction and drills and an hour of play. The classes are offered by skill level. Paddles & balls provided.

Level 1

\$75 (member) p/person/series \$85 (non-member) p/person/series

January 7, 14, 21

2:00-4:00 pm

Mondays

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For more information contact A Plus Tennis: aplustennisva.net; email aplus@aplustennisva.net; or call 703-250-1299.