

## SPORTS CAMP INFORMATION

### Camp Schedule

Week 1	June 25 - June 29
Week 2	July 2- July 6
<b>No Camp 7/4, 20% discount</b>	
Week 3	July 9 - July 13
Week 4	July 16 - July 20
Week 5	July 23 - July 27
Week 6	July 30 - August 3
Week 7	August 6 - August 10
Week 8	August 13 - August 17
Week 9	August 20 - August 24*

\*tentative limited activities

### Fees Per Week

Full Day	8:00am - 3:00pm	\$260
Half-Day AM	8:30am - 11:30am	\$160
Half-Day PM	12:00pm - 3:00pm	\$160

### Registration Starts March 1st

- ◆ Activities schedule subject to change.
- ◆ **Advance payment in full required with registration.**
- ◆ Each child in the same family, after the first camper, will receive a 5% discount from their fee.
- ◆ **No MAKE-UP** days or **REFUNDS** are given for illness or absence.
- ◆ **EXTENDED CHILD CARE** is available for parents who are unable to drop off /pick up child at the designated times.

Extended Care Hours:	Full Day:	3:00pm-5:00pm
Cost: \$6/hr per child	AM Camp:	11:30am-12:30pm
	PM Camp:	11:00am-12:00pm 3:00pm-5:00pm
- ◆ **Campers remaining after 3:10pm will be placed in Extended Care.**
- ◆ Personal belongings must be kept in cabinets designated for sports camp.
- ◆ Burke Racquet & Swim Club reserves the right to remove any child from camp activities for any reason.

**DUE TO POPULARITY OF BRSC SPORTS CAMP, WE CANNOT GUARANTEE A SPOT FOR YOUR CHILD UNLESS PAYMENT IS MADE. WALK-INS WILL ONLY BE ACCEPTED ON A SPACE AVAILABLE BASIS.**

**PHONE: (703)250-1299 FAX: (703)250-8642**

**Burke**  
**Racquet**  
**& Swim Club**  
6001 Burke Commons Road  
Burke, Virginia 22015



**Since 1985**

**Burke** <sup>27 YEARS</sup>  
**Racquet**  
**& Swim Club**™

**Sports Camp**  
**2012**

*Something for Everyone* <sup>camper</sup> ~~one~~

**Celebrating sports and fun**  
**for kids!**

[www.burkeclub.com](http://www.burkeclub.com)

# 2012 BRSC SPORTS CAMP

Welcome to the 27th year of Burke Racquet & Swim Club's Sports Camp! We are thrilled to be celebrating this year with another exciting summer of sports, friendship, and fun. More than 5400+ participants from previous years can attest to the wholesome fun, quality instruction and new friends enjoyed during their BRSC sports camp experience. All campers will receive a camp T-shirt to remind them of their good times.

## ONE WEEK SESSIONS:

MONDAY-FRIDAY

JUNE 25-AUGUST 24\*

\*NO CAMP , July 4th—20% discount

## AGES:

5-13 years

## GROUPING:

By age and skill level

## INSTRUCTIONAL RATIO:

8 campers to 1 instructor

## THINGS TO BRING:

- ♦ **SMALL** labeled bag to hold belongings
- ♦ Swimming suit and towel
- ♦ Non-marking athletic shoes
- ♦ Lunch (for full day campers only)
- ♦ Camp can provide racquets. If you bring a racquet, please label it with the camper's first and last name.

**PLEASE DO NOT BRING  
RACQUET COVER**

## Camp Schedule

### Full Day Camp

**(8:00am-3:00pm)**

- 8:00-Kid Fitness
- 9:00-Rockwall/Xergym
- 10:00-Recreational Fun
- 11:00-Lunch
- 12:00-Tennis
- 1:00-Recreational Fun
- 2:00-Swimming
- 3:00-Campers Depart

### AM Half Day Camp

**(8:30am-11:30am)**

- 8:30-Kid Fitness
- 9:00-Tennis
- 10:00-Recreational Fun
- 10:30-Swimming
- 11:30-Campers Depart

### PM Half Day Camp

**(12:00pm-3:00pm)**

- 12:00-Tennis
- 1:00-Recreational Fun
- 2:00-Swimming
- 3:00-Campers Depart

## Skills Learned

### Tennis

#### **Beginners**

hand-eye coordination  
basic tennis skills  
enthusiasm for game

#### **Inter./Advanced**

strokes  
serves  
game rules

### Swimming

#### **Beginners**

lose fear of water  
basic swim strokes  
water safety

#### **Inter./Advanced**

strokes  
flip turns  
starts

### Recreational Fun

#### **Alternates between:**

soccer      obstacle course      kickball  
dodge ball      softball      wallyball  
frisbee      capture the flag

**sport climbing! NEW XERGYM!**

### Kid Fitness

#### **Combines:**

stretching      sprints      speed ball  
relays      aerobics      circuit training

## ALL EQUIPMENT PROVIDED

### HOW TO REGISTER

1. Turn in the following forms to the BRSC front desk:
  - ♦ Completed registration form
  - ♦ Birth Certificate or other form of ID
  - ♦ We also need a shot record and physical signed by doctor
2. Write your child's name down on the sign up sheet for each week Sports Camp will be attended.
3. Turn in payment. Registration is **ONLY** complete once payment is made. Payment may be made over the phone with a credit card.

*If attending more than one week, only the first week must be paid at this time. Additional weeks must be paid by 5pm the Friday before attending.*